PRO STYLE KICKBOXING

Pro Style Kickboxing has more to offer than any run of the mill Martial Arts School. The club is affiliated to B.K.C British Kickboxing Council, W.P.K.A World Pan-Amateur Kickboxing Association and W.U.M.A World United Martial Arts Federation. Pro Style Kickboxing offers many courses including Self Defence, Control and Restraint, PSKB Syllabus & Weapon Training. All courses are exclusive to members only.

Beginners are only taught the basics of Martial Arts along with light exercise for fitness. You **do not** have to be fit to join as we gradually do that for you and Martial Arts training can help with weight reduction as well as toning up your body. Personal self-protection is a major part of our training; competition training is optional and is separate.

There is a student code of conduct to adhere at all times and this will be expected of you, but our classes operate in a relaxed and friendly manner. You will also be pleased to hear that there is no foreign language to learn.

***Senior Instructor*:** **Paul Childerley 07715 638934**

ADULT CLASSES ARE: **Flitwick Club** **Monday & Thursday** **7- 9 pm**

Pro Style Kickboxing Adult Membership:

Gold	**£55.00**	**T-Shirt / Trousers, Licence, Attendance Card & Life Membership**
Silver	**£39.00**	**T-Shirt / Trousers, Attendance Card & Life Membership**
Fees	**£6.00**	**per lesson first month, Standing order monthly payment thereafter**
		£24 per month for once a week
		£34 per month for twice a week

For Insurance reasons membership fees must be paid before any training begins

All fees payable to: P Childerley

----------**Adult Joining Application**----------

Name_____ Age_____ D.O.B_____Tel._____Mobile_____

Full Address_____

_____ Post Code_____

Occupation_____ Club/Location_____ Training Night_____

Any injury or illness? _____

Have you studied Martial Arts before? Yes / No. Give all details of style and grades you achieved _____

_____

How did you find out about our club? _____T-Shirt Size. XS. S. M. L. XL. Trouser Size. 1. 2. 3. 4. 5. 6.

I enclose the amount of £ _____Cash / Cheque to join as a **GOLD** / **SILVER** - **ADULT** member of Pro Style Kickboxing.

Declaration

I understand that the practice of Martial Arts allied activities at my new club is entirely at my own risk. I shall not hold responsible, its principal, officials, instructors or any fellow members for any injury I may sustain. I understand that membership is non-transferable and that all monies paid are non-returnable. I have filled in the above correctly and understand it fully.

Signed _____ Parents Signature if-18yrs_____ Date_____

www.prostylekickboxing.co.uk